

EquiFITT Golf Fundraiser for ALS

(Lou Gehrig's)

@ Rideau Glen Golf

September 26, 2009, 9am



Registration Form

Fees include 9 holes golf, beverage ticket & chicken BBQ lunch & auction

Registration Deadline is September 20, 2009.

Powercarts, pullcarts and clubs are available payable onsite. However, please reserve in advance as quantities are limited and these items will be available on a first come first served basis. We encourage you to walk the course if you can so powercarts can be available to those who need them. It is only 2km and beautiful!

Signup Online at www.equifitt.com/golf.html
 Or Mail registration with cheque payable to Equifitt to:
 850 Maley Street, Kemptville, ON K0G1J0



Name: _____
 Street: _____
 Town: _____
 Postal Code: _____
 Email: _____
 Phone: _____

Can golf Y N

Names you are Registering:

Can golf

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An attempt will be made to match non golfers with golfers & ensure people who need them have powercarts. Limited sets of clubs are available for rental, so please bring your own or borrow some if you can.

Please reserve me a:
 Powercart (\$20) _____
 Pullcart (\$4.50) _____
 Clubs (\$4) _____

Adults (\$50) _____ # Children 12-18 (\$35) _____ # Children under 12 (\$20) _____

Adults lunch only (\$25) _____ # Children lunch only (\$15) _____

Vegetarian meals: _____ I'm interested in Sponsorship Pkgs _____ I can volunteer _____

More info at: www.equifitt.com/golf.html

Email: equifittgolf_for_als@live.com Phone: (613) 258-4866

Sponsored by EquiFITT.com Fitness & Sport Conditioning
 Generous volunteer team support by North Grenville Community Church